

# UNIVERSITY OF CALIFORNIA

## cal fresh Nutrition Education

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## UC CalFresh Weekly Update March 19, 2018

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- \* Community Education Supervisor 2, UCCE Fresno/Madera Counties
- \* Cooperative Extension Nutrition, Family and Consumer Sciences Advisor, UCCE Fresno & Madera Counties

### Upcoming Events & Deadlines

MARCH 2018

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

#### 3/20/18 UC CalFresh Town Hall Webinar, 12:30-2:00pm

The topic of the March Town Hall is **PEARS Indirect Activity Module Overview**. The UC CalFresh State Office will provide an overview of the Indirect Module in PEARS as well as providing links to tip sheets for PEARS users. We will provide follow-up information on the newly released demographic feature for public schools, and the updated PEARS surveys for FFY 2018 (FBC/PSSC pre and post surveys). The State Office will also be providing UC CalFresh programmatic and administrative updates.

In preparation of the webinar, we want to bring to your attention the addition of a new tip sheet and the update of another tip sheet on the [UC CalFresh website](#). **Please have the tip sheets available to your staff during the webinar to allow them to follow along with the overview and updates.**

- \* [Program Activity Tip Sheet](#)—Updated with new demographic information and adding sites for schools.
- \* [PEARS Surveys Tip Sheet](#)—New

We are also developing an Indirect Activity Tip Sheet that will be posted on the [UC CalFresh website](#) by Monday, March 19, the day before the Town Hall.

#### ReadyTalk Information

- \* **Webinar Link:** <https://cc.readytalk.com/r/39iun53s9src&eom>
- \* **Security Passcode:** apple1
- \* **Toll Phone:** (303) 248-0285
- \* **Access Code:** 7544137

If you have questions ahead of time, please submit them in advance to **Andra Nicoli** at [annicoli@ucdavis.edu](mailto:annicoli@ucdavis.edu).

#### **Connect with EatFresh.org!**

The creators of [www.eatfresh.org](http://www.eatfresh.org) would love to talk with partners who are actively working with youth. Eatfresh.org was built with a adult audience in mind, but they are currently exploring ways to make this a useful online nutrition resource for youth. Please email [monica@leahspantrysf.org](mailto:monica@leahspantrysf.org) if you are interested in sharing your 2 cents. You will be invited to schedule a one-on-one conversation at your convenience. If you wish, you can also learn more about Leah's Pantry's free trainings and tools for engaging clients in healthy eating. Participating partners will receive a thank you gift including cookbooks, EatFresh.org materials and other Leah's Pantry goodies.

## UC CalFresh Success Stories

Success stories from your FFY 2018 UC CalFresh participants can be shared through the online data entry portal: <https://ucanr.edu/survey/survey.cfm?surveynumber=22089>.

“This class has really educated me on nutrition and how to make better choices for my family. I have already implemented changes in my family at home during meal times by trying some of the recipes we have been shown, as well as cutting back on buying juice and sugary drinks that my family doesn't need. I also am planning on discussing our need to cut out fast food and limit that maybe to birthdays or special occasions and helping my children understand it is better for all of our health.”

—*Eating Smart, Being Active Participant,  
Fresno County*

“This class has helped out a lot in many ways. My son who didn't like many foods has tried new things (healthy) and has loved it. I now look carefully at labels when shopping and also include more veggies in all our meals. And now, I prepare my breakfast earlier (a night before) to make sure I eat breakfast everyday. Thank you.”

—*Plan, Shop, Save and Cook Participant,  
San Mateo County*

## Welcome New UC CalFresh Staff!

This feature is to introduce and welcome new staff to UC CalFresh. If you have new staff, please send a brief introduction and photo to Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu).

### Melissa (Abbi) Marrs, Community Education Specialist 2, UCCE San Luis Obispo & Santa Barbara Counties

UC CalFresh in San Luis Obispo & Santa Barbara Counties welcomes Community Education Specialist 2, Abbi Marrs, to their team. Abbi grew up in Goleta, CA with parents who enjoyed gardening and encouraged time in the outdoors. She has an associate degree in Liberal Arts from Allen Hancock College, and has worked with the California State Parks since 1995. After a cancer diagnosis and a full year of treatment, the role of nutrition in overall health became more important to her and she started a job as Garden Education Manager with Santa Barbara City College and the Orfalea Foundation in 2012. This expanded her love of gardening, and along with experience and great training opportunities, she found her way to the UC CalFresh Team! Abbi's work includes supporting both school and community gardens and coordinating the UC Garden Nutrition Extender program. Abbi hopes to further the garden and nutrition education movement among adults and children in the community for a healthier lifestyle. When she's not working, you'll find her out running half marathons, chasing down the race bling! Abbi can be reached at: [mbmarrs@ucdavis.edu](mailto:mbmarrs@ucdavis.edu).



## UC ANR Staff Appreciation and Recognition (STAR) Program

### Nominate staff for STAR Awards, Deadline: March 29, 2018

The following announcement was originally sent via email through UC ANR Updates on 2/7/2018.

Nominations are being accepted for the ANR Staff Appreciation and Recognition (STAR) program for the fiscal year 2017-18. The STAR program is your opportunity to celebrate and reward the great contributions of ANR's people. The program provides cash awards to eligible staff in recognition of outstanding achievement. Managers may nominate individuals and teams demonstrating exceptional performance, creativity, organizational abilities, work success and teamwork. ANR staff in PSS and MSP titles, as well as members of the Clerical Unit (CX), are eligible to be nominated for cash awards. Nomination forms and program guidelines are attached. UC ANR has streamlined the nomination form this year to simplify the process.

STAR Awards will be celebrated during an ANR recognition event at the Second Street building in Davis on June 6, 2018. Send your nominations to [jlazulai@ucanr.edu](mailto:jlazulai@ucanr.edu). **The deadline for submission is Thursday, March 29, 2018.**

The purpose of the STAR program is to recognize and reward outstanding staff individual and team performance within Agriculture and Natural Resources. Recipients receive cash awards as well as recognition. Under the STAR plan, managers can recognize, acknowledge and reward staff employees for exceptional performance or significant contributions related to and supportive of individual, departmental, divisional, or organizational goals and objectives. Nominations are due March 29, 2018. Please find the [nomination form](#), [STAR award guidelines & restrictions](#) and [local plan](#) attached. [Read announcement on the ANR Update page.](#)

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## Upcoming UC CalFresh Trainings

### Save the Date: CATCH Early Childhood (Pre/K) Training Academy, April 3-5, 2018

It is time to save the dates for the next CATCH Early Childhood (Pre/K) Training Academy: April 3-5, 2018. Please also note that this training will be located in **Riverside**. During this training, you will get active and learn practical skills necessary to implement physical activity into the UC CalFresh Nutrition Education Program using the CATCH Early Childhood Program. Please see below for more details. **Registration information for the CATCH Early Childhood (Pre/K) Training Academy was sent via email to all UC CalFresh Advisors, Managers and Supervisors on Friday, 2/9/2018. The deadline to register for this training has been extended to Tuesday, March 6th.**

Date	Time	Location
April 3-5, 2018	8:00am-4:00pm	Alvord Unified School District — Child Nutrition Services 7377 Jurupa Ave. Riverside, CA 92504

We encourage any staff, including program supervisors and advisors, who have NOT been certified as CATCH ECE Trainers to register. **Space will be limited to 2 staff members per county/county cluster for the 3-day academy.**

The UC CalFresh State Office encourages UC CalFresh county programs to use their travel funds to attend this conference. If you anticipate that you will not have sufficient funds to cover travel costs to attend this training, please contact **Lindsay Hamasaki** ([lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu)) and copy **Michele Byrnes** ([mnbyrnes@ucdavis.edu](mailto:mnbyrnes@ucdavis.edu)). Additional staff will be added to a waitlist upon request. Please email additional questions to **Michele Byrnes** at [mnbyrnes@ucdavis.edu](mailto:mnbyrnes@ucdavis.edu).

### UC CalFresh PEARS Office Hours, Various Dates

Please join UC CalFresh for monthly PEARS Office Hours if you have any pressing questions related to reporting your program activities, FBC/PSSC surveys, and PSE efforts in PEARS. We look forward to hearing about the great work you are doing and working together to clarify the best reporting approaches using PEARS.

<b><u>Tuesday, March 6, 2018</u></b> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: <a href="https://cc.readytalk.com/r/x9kkb4uk6jer&amp;eom">https://cc.readytalk.com/r/x9kkb4uk6jer&amp;eom</a>	<b><u>Tuesday, April 3, 2018</u></b> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: <a href="https://cc.readytalk.com/r/ga3n877vapcn&amp;eom">https://cc.readytalk.com/r/ga3n877vapcn&amp;eom</a>
<b><u>Tuesday, May 1, 2018</u></b> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: <a href="https://cc.readytalk.com/r/miorx00fmuli&amp;eom">https://cc.readytalk.com/r/miorx00fmuli&amp;eom</a>	<b><u>Tuesday, June 5, 2018</u></b> Time: 1:00pm PST Audio Dial-In Information: U.S. Toll: 303.248.0285 Access Code: 7544137 Link: <a href="https://cc.readytalk.com/r/gceocy6o7xo7&amp;eom">https://cc.readytalk.com/r/gceocy6o7xo7&amp;eom</a>

You may also visit the [UC CalFresh Training Calendar](#) for additional information.

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## The Smarter Lunchrooms Movement of California

The UC CalFresh State Office would like to see how the Smarter Lunchroom Movement of California has been implemented in your county! Please share your success stories and photos with MaryAnn Mills via e-mail: [mamills@ucdavis.edu](mailto:mamills@ucdavis.edu).



### The Smarter Lunchrooms Movement of California Monthly Nudge

The Smarter Lunchrooms Movement of California *Monthly Nudge* is a monthly newsletter which provides updates on how the Smarter Lunchrooms Movement is moving throughout California and is brought to you by the SLM of CA Collaborative. The newsletter provides updates, upcoming trainings and events, and more! If you are interested in signing up to receive the *Monthly Nudge*, please [click here!](#)

### Save the Date: Webinar—School Food: Too Good to Waste, March 27, 2018, 1:00-2:00pm PST

Americans waste enough food every day to fill a 90,000 seat football stadium. Approximately one-third of all food is wasted at the retail and consumer levels. While research has shown that food wasted by children is similar to the rest of the U.S. population, there are many ways schools can reduce food waste and teach students about the impact it has on the environment and in their community. Join the Smarter Lunchrooms Movement of California to discuss Smarter Lunchrooms Movement principles and practices to help increase consumption of nutritious foods and reduce waste. SLM of CA will be sharing current laws and mandates as well as best practices around the state. All attendees are welcome. To register for this webinar, please visit: <https://cc.readytalk.com/r/i2jibnhtkmq6&eom>. **Pre-registration for this webinar is required.** Please contact MaryAnn Mills ([mamills@ucdavis.edu](mailto:mamills@ucdavis.edu)) if you have any questions.

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## UC CalFresh in Action!

### UC CalFresh and 4-H Partner to Develop a Generation of Student Chefs, UCCE Butte County Cluster

Over the past 20 years, the frequency of family dinners has significantly declined even though research has shown that children who share family dinners three or more times per week are less likely to be overweight and more likely to perform better academically, eat healthier foods, and have better relationships with their parents. Thus, educating students on how to choose, prepare, and cook healthy foods is a priority for the UC CalFresh Nutrition Education Program (NEP) and the 4-H Youth Development Program (YDP) in Sutter and Yuba Counties.



UC CalFresh partnered with 4-H to implement Cooking Academy, a Teens-as-Teachers (TAT) program. The TAT model provides extended learning opportunities for teens to learn, lead, and serve their community. Five teens attended a Statewide TAT training in Davis and seven teens participated in a full-day training hosted locally by UC CalFresh and 4-H. These trainings aimed to educate teens on the basic skills of food preparation, selection, safety, and science, as well as to prepare them to work with elementary school students. During the trainings, teens learned culinary techniques, behavior guidance strategies, and how to prepare each recipe featured in the Cooking 101 curriculum. Each Cooking Academy consisted of seven weeks of cooking and food safety instruction where youth (ages 6-11) had opportunities to learn basic nutrition information, try new foods, and safely prepare meals using recipes that incorporated foods grown in the school's edible garden.

As a result of participating in the program, youth willingness to try new foods increased. When asked how often they tried new foods, 8.3% of youth initially said always, 50% said sometimes, and 29.2% said once in a while. After participating in the program, 26.3% of youth said they always try new foods, 21.1% said often, 36.8% said sometimes, and 29.2% said once in a while. Initially, 46% of youth considered themselves to be extremely good cooks after participating in the program, this increased to 74%, yielding a difference of +28%. In addition 42% of youth initially reported that they were able to chop vegetables extremely well with a knife, which increased to 90% after participating in the program. Teens who participated as TAT in this program increased their overall self-confidence, ability to act as mentors, and ability to speak before a group. After participating in the program, 66.7% of TAT strongly agreed and 33.3% agreed that they learned what makes up a balanced diet and which foods they should eat each day. Additionally, 66.7% of TAT reported that they eat more fruits and vegetables, drink less soda, and consume more water after participating in the program. All teens that participated in the program either strongly agreed (20%) or agreed (80%) that their families have purchased healthier food because of participating in the program. [Read full UC Delivers story.](#)

### Nutrition and Food Questions Web Page

Do your participants ask questions about nutrition or needs that you find difficult to respond to? Check the [Nutrition and Food Questions](#) web page for a response. If your question is not answered there you can submit a new question. You can find the link on the UC CalFresh website under [Resources > Resources for Educators](#). Please contact [Lyn Brock \(rlbrock@ucanr.edu\)](mailto:rlbrock@ucanr.edu) if you have any questions.

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## UC CalFresh in Action! *(continued)*

### UC CalFresh Imperial County Empowering Youth as Leaders, UCCE Imperial County

Childhood obesity is a problem that affects many in the Imperial County—40.9% of 5th graders and 45% of 7th graders are overweight or obese. Fitness levels are low—only 13.9% [of] 5th graders and 23.6% of 7th graders meet all of the fitness standards (ED-Data, 2018). Imperial County is known for its desert location with little access to indoor recreational facilities and highly accessible fast food restaurants. Empowering youth as leaders to address the issues affecting the health of their families will create change in Imperial County.



The UC CalFresh Nutrition Education Program in Imperial County and Meadows Union School District partnered on a pilot Youth-Led Participatory Action Research (YPAR) Project targeting middle school aged youth in the After-School Education & Safety Program (ASES). The Public Health Institute Center for Wellness and Nutrition and UC Davis Center for Regional Change provided ongoing technical assistance, documentation, and training throughout the project. Weekly meetings took place with a UC CalFresh Nutrition Educator, who was the adult ally leading 10 young people through the YPAR Stepping Stones curriculum. This process led to youth voice and empowerment. The group named themselves the Helping Hands, Active Knights (HHAK). HHAK identified problems that affected the health and wellness of their peers. The students chose to research the low physical activity levels of their 6th, 7th, and 8th-grade peers and then developed a nine-question survey. Sixty-one students participated in the survey. After analyzing the data, the group developed a PowerPoint presentation to showcase their findings to key stakeholders. Further, the HHAK students asked their administration for new physical activity equipment and a stencil project to help promote physical activity within Meadows Elementary School. The work has led to young people advocating for environmental change efforts within Meadows Elementary School.

This was the first project in Imperial County that empowered youth to use policy, systems, and environmental change strategies to create change within their school district. The YPAR program has led to a strong partnership between UC CalFresh and Meadows School District. It has opened the door for a more comprehensive approach to healthy eating and active living strategies. Meadows now has eight teachers extending CATCH PE, nutrition education, and garden enhanced nutrition education. The stencil project was completed in February and is reaching 488 students. The stencil project supports the efforts of providing more access to physical activity and connecting with the Smarter Lunchrooms Movement. [Read full UC Delivers story.](#)

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## Articles & Research

### 2018 County Health Rankings Key Findings Report

Imagine a place where everyone has a fair and just chance to lead the healthiest life possible—communities with high quality schools, good paying jobs, access to healthy foods and quality health care, and affordable housing in safe environments. Imagine a place where differences in race, culture, and perspectives are not only tolerated, but are celebrated as fundamental to health and wellbeing. Imagine that this is how we all experience our communities, regardless of where we live, the circumstances we were born into, or how we look. This is the vision of health equity. The County Health Rankings show that where we live matters to health. This year, we bring new analyses that show meaningful health gaps persist not only by place, but also among racial and ethnic groups. These gaps are largely the result of differences in opportunities in places where we live. And, these differences disproportionately affect people of color. Discriminatory practices and structural and institutional policies, such as unfair bank lending practices and property tax-based school funding formulas, contribute to the types of racial disparities illustrated in this report. [Click here](#) to read the 2018 County Health Rankings Key Findings Report.

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## Education & Resources

### Training Opportunities for SNAP-Ed Local Implementing Agencies

On behalf of the California Department of Social Services, the California Department of Public Health Nutrition Education and Obesity Prevention Branch, UC CalFresh, California Department of Aging, and Catholic Charities of California, we are pleased to announce upcoming SNAP-Ed trainings available to appropriate staff from SNAP-Ed state and local implementing agencies in California. Please visit the [Training and Events Calendar](#) for additional information and opportunities.

### Go Further with Food for National Nutrition Month, March 2018

The following announcement was originally shared in the 3/6/18 edition of [The Dirt from USDA's Office of Community Food Systems](#). Happy [National Nutrition Month](#)! This year, the [Academy of Nutrition and Dietetics](#) wants us to *Go Further with Food!* What does that mean? Simply put, make healthy food choices for every occasion. Start your morning off with a wholesome breakfast and make smart food choices throughout the day. Don't forget about special events like a night out with friends or a family celebration—plan to have healthy options available for you to eat even during those times. Going further with food could also include, going local! Take the extra step to find the origin of your food and support the local farmers in your community. Spring is near and farmers markets are ready to sell fresh, local foods. Gear up for the spring bounty and [find a farmers market near you!](#)

### Healthy Choices in Motion Online Training Module Now Available!

Learn how you can use the physical activity curriculum *Healthy Choices in Motion* with students in 4th through 6th grade! This curriculum, which can be used stand-alone or as part of the Shaping Healthy Choices Program, teaches students about key concepts of physical activity and how physical activity is important for overall health. The online training module, provided through the platform Open-Learning, includes a brief orientation to inquiry learning and an overview of each of the five modules, with videos demonstrating the physical activities involved. To access this training, please visit: <https://www.openlearning.com/courses/healthy-choices-in-motion>. For more information, please email [Melanie Gerdes](mailto:magerdes@ucdavis.edu) ([magerdes@ucdavis.edu](mailto:magerdes@ucdavis.edu)) or [Anna Jones](mailto:anajones@ucdavis.edu) ([anajones@ucdavis.edu](mailto:anajones@ucdavis.edu)).

### New and Updated Nutrition Information Resources

The Department of Nutrition at UC Davis has a variety of nutrition information resources that you may be interested in. These include curricula, the quarterly newsletter *Nutrition Perspectives* as well as evidence-based nutrition info sheets on a variety of topics ranging from Gluten to the Dietary Guidelines to Phytochemicals. These resources can be found via the UC Davis Department of Nutrition website at: <http://nutrition.ucdavis.edu/info/index.html>. For more information, please email [Anna Jones](mailto:anajones@ucdavis.edu) ([anajones@ucdavis.edu](mailto:anajones@ucdavis.edu)).

### TOP Accelerated Action Planning Trainings, Various Dates

These regional trainings were referenced briefly in the January 2018 Statewide LIA Training Flyer sent last week (from CASNAP-EdTraining email address). This training is open to any SNAP-Ed local leaders, program managers and team leaders, and aims to provide tools to lead small groups to create effective organization plans. Enrollment is limited and the time frame is approaching soon! Please see the attached flyer for more information. [UC CalFresh educators should consult with their Advisor, Manager, and/or Supervisor before registering.](#)

February 13	February 14	February 21	March 7	March 13	March 14	March 21
UC Center Fresno <a href="#">Fresno, CA</a>	San Joaquin Co. Ag Center <a href="#">Stockton, CA</a>	Riverside Univ. Health System <a href="#">Riverside, CA</a>	San Luis Obispo Co. Gov. Center <a href="#">San Luis Obispo, CA</a>	Silicon Valley Community Foundation <a href="#">Mountain View, CA</a>	Ventura County Public Health <a href="#">Oxnard, CA</a>	National University <a href="#">Redding, CA</a>

[Click here](#) to register through the [CA SNAP-Ed Training & Events Calendar](#). If you have any questions, please contact [Lyn Brock](mailto:rlbrock@ucanr.edu) at ([rlbrock@ucanr.edu](mailto:rlbrock@ucanr.edu)).

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## Education & Resources *(continued)*

### Register Now! Three Steps to Wellness Policy Implementation Success Workshop, Various Dates

Implementation of Local School Wellness Policies (LSWP) is most effective when aligned with district priorities and broader community needs. The Three Steps to Wellness Policy Implementation Success Workshop—brought to you by the California Local School Wellness Policy Collaborative—provides participants with key strategies for updating and implementing LSWP, and provides guidance for complying with assessment and administrative review processes. Attendees will learn key responsibilities and approaches to engage stakeholders at the district, school and community levels to achieve successful LSWP implementation. Workshop attendees will also take away tools and resources needed to measure success, and identify opportunities that support a whole child approach.

February 14	February 28	March 6	March 14	March 20	March 21	April 11
Sierra Health Foundation 1321 Garden Hwy <b>Sacramento, CA 95833</b>	McConnell Foundation 800 Shasta View Drive <b>Redding, CA 96003</b>	The California Endowment—Oakland Conference Center—Laurel Room 200 Franklin Street <b>Oakland, CA 94612</b>	UC California Fresno Center 550 E. Shaw Ave. <b>Fresno, CA 93710</b>	Riverside University Health System—Public Health 4210 Riverwalk Parkway, Suite 400 (1st Floor) <b>Riverside, CA 92505</b>	Los Angeles County Office of Education (LACOE) 9300 Imperial Highway <b>Downey, CA 90242</b>	Orange County Department of Education 200 Kalmus Drive, Conference Center: Building D, Room 1002-1003 <b>Costa Mesa, CA 92626</b>

[Click here](#) to register. For additional information about these workshops, please visit the [CA SNAP-Ed Trainings & Events Calendar](#) or contact Chris Bilbrey at [Christine.Bilbrey@cdph.ca.gov](mailto:Christine.Bilbrey@cdph.ca.gov) or Maegan Jorgensen at [Maegan.Jorgensen@cdph.ca.gov](mailto:Maegan.Jorgensen@cdph.ca.gov).

### Webinar: Early Care and Education: Physical Activity Toolkit for Preschool-Aged Children, March 27, 2018, 10:00-11:30am

Join this webinar to learn about the PA Toolkit content; demonstrate two PA Toolkit activities; and understand the importance of having a PA Policy in place. To register for this webinar, please visit: <https://attendee.gototraining.com/r/6943586742900382466>. The following webinar information is available on the UC CalFresh Training Calendar or the [CA SNAP-Ed Trainings & Events Calendar](#)

### NCCOR Connect and Explore Webinar: Collaborating for Impact, March 29, 2018, 11:00am PT

The National Collaborative on Childhood Obesity Research (NCCOR) brings together the nation’s four largest childhood obesity research funders—National Institutes of Health (NIH), Centers for Disease Control and Prevention (CDC), Robert Wood Johnson Foundation (RWJF), and U.S. Department of Agriculture (USDA)—in a public-private collaboration to accelerate progress in reducing childhood obesity. Since its launch in 2009, NCCOR has transformed the field of childhood obesity research through strategic initiatives, comprehensive tools for researchers, and innovative rapid-response funding mechanisms, among other efforts. To provide insights into its formation, operations, and accomplishments, NCCOR published two papers in a March theme issue of the *American Journal of Preventive Medicine*. The papers are accompanied by a commentary by senior leaders of NCCOR’s member organizations and an editorial by James Sallis, PhD, a member of NCCOR’s External Scientific Panel. A list of the papers and NCCOR’s 10 years of accomplishments can be found at: [www.nccor.org/accomplishments](http://www.nccor.org/accomplishments). On March 29, NCCOR is hosting a Connect & Explore webinar “Collaborating for Impact: Lessons Learned from NCCOR.” The webinar will highlight the Collaborative’s approach to building the field of childhood obesity research, showcase aspects of the collaborative model and include a discussion on how to apply this approach to other complex health problems. [Click here](#) to register for the webinar. The event is free, but attendance is limited.

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## Education & Resources *(continued)*

### UC ANR Sacramento Urban Ag Risk Management Workshops, Various Dates

Are you an urban farmer in the Sacramento region? This low-cost series is for you! Learn the basics of urban farming from UCCE advisors and local partners at this upcoming urban ag risk management workshop series. Take one or take all four of these low-cost workshops.

<b>Workshop #1</b> Friday, March 16, 2018, 9:00-4:00	Center for Land Based Learning (CLBL) @ The Cannery <a href="#">1550 Cannery Ave, Davis, CA 95616</a>	<b>Marketing &amp; Business Management for Urban Farmers:</b> From business planning to labor laws, basics to help you succeed.
<b>Workshop #2</b> Friday, April 6, 2018, 9:00-4:00	Yolo Brewing Company (CLBL), <a href="#">1520 Terminal Street, West Sacramento, CA 95691</a>	<b>Legal Basics of Urban Farming:</b> Get up to speed on zoning, permits, and local resources.
<b>Workshop #3</b> Saturday, April 14, 2018, 9:00-4:00	Fruit Ridge Community Collaborative (Yisrael Family Urban Farm) 4625 44th St., Sacramento, CA 95820	<b>Production Issues &amp; Urban Farms:</b> Learn key concepts in site design, soil quality, irrigation, pest management, pollinators and backyard chickens.
<b>Workshop #4</b> Friday, May 4, 2018, 9:00-4:00	Soil Born Farms American River Ranch, <a href="#">2140 Chase Drive, Rancho Cordova, CA 95670</a>	<b>Food Safety Basics for Urban Farmers:</b> How to ensure a safe harvest, from the field to the fork.

The workshops will take place at various urban farm locations in the Sacramento/Davis area. The cost is \$20 for a full day of speakers, demonstrations and networking opportunities, which includes lunch and refreshments. The workshops are offered by UC Agriculture and Natural Resources and UC Cooperative Extension in partnership with the Sacramento Food Policy Council. Pre-registration is required, and space is limited. To register, please visit: [ucanr.edu/sacurbanag2018](http://ucanr.edu/sacurbanag2018). Please contact Penny Leff at [paleff@ucdavis.edu](mailto:paleff@ucdavis.edu) if you have any questions.

### 2018 USDA Summer Meals Webinars

Wholesome summer meals are critical to the health and well-being of our children. Join USDA for their 2018 Summer Meals Webinars to learn more about this important USDA program. Click on the title of the webinar below to register for the specific webinar that interests you.

<b>Tuesday, March 20,</b> <b>10:00am PT</b>	<b>Tuesday, April 17,</b> <b>10:00am PT</b>	<b>Tuesday, May 15,</b> <b>10:00am</b>	<b>Thursday, June 14,</b> <b>10:00am</b>
<a href="#">Tribal and Rural Summer Meals</a>	<a href="#">What Cities Can Teach Us About Summer Meals</a>	<a href="#">Boosting Your Budget— Summer Meals Financial Planning</a>	<a href="#">Middle of Summer Strategies</a>

For additional information and resources related to USDA's Summer Food Service Program, please visit: <https://www.fns.usda.gov/sfsp/summer-food-service-program>.

### Save the Date: School and Community Garden Workshops: Light Bulbs to Garlic Bulbs, Various Dates and Locations

This two-day workshop is designed to provide participants with the knowledge, skills, and resources to plan, develop, and sustain an edible school or community garden. Day 1 is an all-day garden skills workshop at a SNAP-Ed garden site. In a train-the-trainer model, you will learn the skills you need to successfully grow food and pass that knowledge back to your own staff or communities. Day 2 is an all-day garden programming workshop, where you will learn how to develop and implement a sustainable garden program and how to incorporate it into other healthy community change efforts.

Region	City	Date
<b>Northern California</b>	Sacramento Food Bank 3333 Third Avenue Sacramento, CA 95817	April 4-5, 2018
<b>Central Valley</b>	Foodlink for Tulare County 611 2nd Street Exeter, CA 93221	April 17-18, 2018
<b>Southern California</b>	<b>May 1st:</b> Mark Twain Elementary School 3728 W. 154th Street Lawndale, CA 90260  <b>May 2nd:</b> Kit Carson Elementary School 3530 W 147th Street Hawthorne, CA 90250	May 1-2, 2018

[Click here](#) to register or visit the [CA SNAP-Ed Trainings and Events Calendar](#) for additional information. UC CalFresh counties may contact **MaryAnn Mills** ([mamills@ucdavis.edu](mailto:mamills@ucdavis.edu)) if you have any questions.

*(continued on next page)*

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## Education & Resources *(continued)*

### School Grants Now Available for California Schools, Deadline: April 6, 2018

Help your school become healthier with a Game On, Parents for Healthy Kids or School Breakfast grant for the 2018-2019 school year. Receive funding and technical assistance to increase physical activity opportunities, improve nutrition initiatives, engage parents in school wellness or increase breakfast participation. Learn more, and apply before the deadline on April 6, 2018. Looking for ideas or more information? Join one of the upcoming webinars listed below to learn more about each grant, get project ideas, and discover strategies for writing a successful grant:

- \* [School Breakfast Grant Application Webinar](#), February 20, 2018, 1:00pm PST: Grants for 1,000-3,000 dollars fund alternative models, breakfast promotions, or family engagement.
- \* [Game On Grant Application Webinar](#), February 21, 2018, 12:00pm PST: Grants for 500 or 1,000 dollars fund physical activity and nutrition initiatives.
- \* [Parents for Healthy Kids Grant Application Webinar](#), February 22, 2018, 10:00am PST: Grants up to 1,000 dollars fund parents or parent groups to implement physical activity and nutrition initiatives.

For additional information, please visit: <http://www.actionforhealthykids.org/tools-for-schools/apply-for-grants>.

### Funding Opportunity: Game On / Parents for Healthy Kids / School Breakfast Grants for 2018-2019, Deadline: April 6, 2018

We know a healthy school culture is good for our kids, but how do you make it happen? Cultivating a culture of health in your school can seem daunting but with a little creativity and an [Action for Healthy Kids grant](#), we know success is just around the corner! Help your school become healthier with a Game On, Parents for Healthy Kids, or School Breakfast Grant for the 2018-2019 school year. Receive funding and technical assistance to increase physical activity opportunities, improve nutrition initiatives, engage parents in school wellness or increase breakfast participation.

- \* **Game On Grants—\$500 or \$1,000**
  - \* Support physical activity AND nutrition initiatives.
  - \* Funding can go toward but is not limited to equipment for recess, physical education, before and after school programs, nutrition education, and school gardens.
  - \* Check out the [application](#) and the [application instructions guide](#).
  - \* [Click here](#) for the Game On Grant Application recording.
- \* **Parents for Healthy Kids Grants—up to \$1,000**
  - \* Support *parent-led* physical activity AND nutrition initiatives.
  - \* Funding can go toward but is not limited to equipment for recess, classroom physical activity, play space or gymnasium refurbishing, healthy celebrations and fundraisers, and taste tests.
  - \* Check out the [application](#) and the [application instructions guide](#).
  - \* [Click here](#) for the Parents for Healthy Kids Grant Application recording.
- \* **School Breakfast Grants—\$1,000—\$3,000**
  - \* Support initiatives to pilot or extend a school breakfast program through alternative or universal alternative breakfast models, breakfast promotions and family engagement.
  - \* Check out the [application](#) and the [application instructions guide](#).
  - \* [Click here](#) for the School Breakfast Grant Application recording.

For additional information, visit the [School Grants for Healthy Kids webpage](#) or email Katia Ahmed at: [kahmed@actionforhealthykids.org](mailto:kahmed@actionforhealthykids.org).

### 2018 UC ANR Statewide Conference: *Innovation in Action*, April 9-12, 2018, DoubleTree by Hilton, Ontario, CA

Registration for the 2018 UC ANR Statewide Conference is now open! Please review the [conference program](#) and be prepared to select your sessions as well as indicate which lunches, dinners, and receptions you would like to participate in. You will also be asked to estimate your travel. This event is fully funded by ANR so be sure to book your lodging and airfare as soon as possible to receive the best rates. Per email communication from Katie Panarella, this year, nutrition education staff (both EFNEP and UC CalFresh) can attend the ANR Statewide Conference in Ontario. UC CalFresh staff are also encouraged to check-in with their supervisor, manager, or Advisor prior to registering. **Please be sure to also carefully review information on the registration survey prior to contacting the DoubleTree hotel for reservations.** To register for the 2018 UC ANR Statewide Conference, please visit: <https://ucanr.edu/survey/survey.cfm?surveynumber=23995>.

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## UC CalFresh, UC ANR & Partner Employment Opportunities

### Financial Analyst 2, UC CalFresh State Office

Under direct supervision of the Lead Financial Analyst Supervisor, responsible for complex, analytical financial and compliance issues and serves as a resource to the UC CalFresh staff and Director of the UC CalFresh statewide program. This position is responsible for monitoring and maintaining grant, subaward, and project accounts associated with the annual operating budgets of UC CalFresh; short and long term forecasting and budget planning; analysis and processing of internal and external billing; development and preparation of financial, quarterly and annual reports. Advise counties on local support and effort reporting per Federal, University, and State guidelines. Work with UC Davis and UC ANR Sponsored Programs Office (SPO) and Contracts & Grants Accounting (C&G) Accounting on processing grant application and monitor and respond to reporting requirements. Serves as UC CalFresh support on compliance with University Policy & Procedure for grants and contracts, financial and personnel procedures as related to intra and extramural funding. Conduct monthly year-end and project-end reconciliation of research project accounts, and prepare financial summaries and ad hoc reports. Conduct budget preparation, salary and local share analysis and forecasting, and for control of complex budgets for 20-30 counties. The last day to apply is: **April 3, 2018**. For additional information, or to apply, please visit: [www.employment.ucdavis.edu/applicants/Central?quickFind=78975](http://www.employment.ucdavis.edu/applicants/Central?quickFind=78975).

### Community Education Supervisor 2, UCCE Fresno/Madera Counties

Under the direction of the Nutrition, Family and Consumer Sciences (NFCS) Advisor and Manager, the Community Education Supervisor 2 is responsible for supervision of day-to-day operations of the UC CalFresh Program in Fresno & Madera Counties. This includes supervision of Community Education Specialists. This supervision includes writing and conducting performance evaluations and conducting staff training, as well as recruiting new staff. The supervisor is also responsible for implementation of the program according to the approved SNAP-Ed Joint Work Plan with the Local Department of Public Health and Catholic Charities. The position includes program development and implementation, administrating, strategic management, and evaluation. The Community Education Supervisor 2 will assist in developing and managing the CalFresh budget in consultation with NFCS Advisor and Manager and in accordance with the funders' requirements and ANR policies and procedures. This position will promote, in all ways consistent with other responsibilities of the position, the affirmative action goals established by the Division. The last day to apply is: **April 4, 2018**. For additional information, or to apply, please visit: <https://jobs.ucop.edu/applicants/Central?quickFind=60958>.

### Cooperative Extension Nutrition, Family and Consumer Sciences Advisor, UCCE Fresno & Madera Counties

The University of California Agriculture and Natural Resources division seeks a **Cooperative Extension Nutrition, Family and Consumer Sciences Advisor** to conduct a multi-county based extension, education and applied research program providing leadership to the University of California Cooperative Extension (UCCE) low-income nutrition education programs funded by the Expanded Food and Nutrition Education Program (EFNEP) and the UC CalFresh Nutrition Education program (a SNAP-Ed Program). The CE Advisor will develop research based youth programs in **Fresno and Madera Counties**. For full interview consideration, complete application packets are due no later than **Friday, April 6, 2018** from candidates who, by the hire date, will possess at least a master's degree in disciplines such as nutrition, health education, human development or a closely related field. All application packets must be submitted via email to [ANRacademicsearch@ucanr.edu](mailto:ANRacademicsearch@ucanr.edu). Please contact Karen Ellsworth and refer to AP #18-03, to answer any questions related to this search at (530) 750-1284 or [kaellsworth@ucanr.edu](mailto:kaellsworth@ucanr.edu). For additional information, please visit: <http://ucanr.edu/Jobs/990/?jobnum=1328>.

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#### We want to hear from you!

The UC CalFresh State Office would love to hear from you! Please email Lindsay Hamasaki at [lmhamasaki@ucdavis.edu](mailto:lmhamasaki@ucdavis.edu) to share your comments, stories, photos or other items you would like to see featured in future Weekly Updates.

The UC CalFresh Weekly Updates are sent by the UC CalFresh State Office on behalf of David Ginsburg, Director of the UC CalFresh Nutrition Education Program. Electronic versions of the Weekly Updates are also posted on the UC CalFresh website: <http://www.uccalfresh.org/weekly-updates>.

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