

### SUCCESSES

▪ The Earlimart's School garden is a tremendous resource for garden-based learning. In FFY17, it was used in conjunction with the Shaping Healthy Choices Program—a multi-component school intervention program.

▪ *"I am truly lucky to be working with SHCP this year again. I love the program...one of the biggest highlights was having the students connect the knowledge they learned from SHCP to other academic areas."*

-Earlimart Teacher



### RESULTS

#### Youth

71% of teachers agreed that more students were choosing more fruits or vegetables in the cafeteria.

*"I appreciate what is brought to my classroom and to my children. They learn so much from the instruction given."*

#### Adult

93% improved their knowledge of easy ways to save money on food.

*"invest money and time on something that will help with my expenses."*

### IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

#### County Statement:

*Tulare County ranks among the lowest county in food security and the highest in low-income residents. UC CalFresh Tulare County addresses these issues by educating low-income families to adopt life applicable skills and practices in money and food resource management, food safety, healthy food selection and preparation, and increasing opportunity for physical activity.*

#### Serving Individuals and Communities

▪ Tulare County reached over 7,700 CalFresh eligible participants in 2017 and remains the leader in providing nutrition education support to agencies serving low-income communities.

#### Providing Education

▪ UC CalFresh Tulare County provided nutrition and physical activity education to 5,200 youth and adults using evidence-based curricula serving preschool, schools, and community settings.

#### Helping to Make Organizational and Environmental Changes

▪ UC CalFresh Tulare County collaborates with county partners utilizing a comprehensive, multi-level approach that integrates policy, system, and environmental changes in conjunction with evidence-based nutrition education and obesity prevention interventions.

#### Serving California Agriculture

▪ UC CalFresh works closely with Tulare County's largest food bank to provide fresh produce accessibility to low-income families in food desert communities.

#### Building Partnerships

Tulare County partners collaborates with many partners:

- Tulare FoodLink
- Tulare County Nutrition Collaborative
- Local Health Department
- Tulare Office of Education
- Tulare County Farm Bureau
- International Agri-Center
- Public Libraries
- Kaweah Delta Foundation
- Master Gardeners
- School Districts



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### SUCCESSSES

- UC CalFresh Kings County, in partnership with the Ready Program implemented nutrition education in Hanford Elementary School District. The Ready Program & its partners were recognized for nutrition education efforts by the California Department of Education.
- UC CalFresh program staff made positive changes to two school districts' wellness policies impacting approximately 9,100 students.



### RESULTS

#### Youth

- 61% of teachers strongly agreed that more students can identify healthy food choices.
- "We love the healthy ladies! They are wonderfully prepared and energetic with our students!"*

#### Adult

- 87% overall reported improved behaviors in food and nutrition practices
- "Soda is completely out of my household. I am always looking and comparing to make sure my children eat the best and I'm getting the best for my money."*

### IMPROVING CALIFORNIA'S HEALTH THROUGH SNAP-ED

#### County Statement:

*Kings County is located midway between San Francisco and Los Angeles in the heart of the San Joaquin Valley. Food insecurity and inadequate nutrition are serious issues for Kings County. In Kings County, 19.3% of families with children under the age of 18 are living beneath the federal poverty level compared to the 14.4% statewide poverty range (US Census Bureau, 2013).*

#### Serving Individuals and Communities

- UC CalFresh Kings County reached over 23,000 CalFresh eligible participants in 2017 and remains the leader in providing nutrition education support to agencies serving low-income communities.

#### Providing Education

- UC CalFresh Kings County provided nutrition and physical activity education to 6,641 youth and adults using evidence-based curricula serving preschool, schools, and community settings.

#### Helping to Make Organizational and Environmental Changes

- UC CalFresh Kings County collaborates with county partners utilizing a comprehensive, multi-level approach that integrates policy, system, and environmental changes in conjunction with evidence-based nutrition education and obesity prevention interventions.

#### Serving California Agriculture

- Kings County utilizes the knowledge and resources of UCCE Master Gardeners to establish and maintain community gardens and farmers markets in low-income areas such as eligible schools and qualifying community sites.

#### Building Partnerships

- Kings County collaborates with many county partners:
  - Kings Community Action Organization
  - Kings Human Services
  - Health Department
  - Commission on Aging
  - Ready Program
  - West Hills College
  - Partnership for Prevention
  - City of Avenal



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